



LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
5. Assess and apply critical thinking skills to events and circumstances that they may experience in a typical day as a college student	Individual/Group Activities	Written/Online Self-Assessments
6. Describe strategies and resources related to health, wellness and overall well-being	Assigned Readings/Videos Lecture/Discussion Guest Presentations Individual/Group Activities	Written/Online Self-Assessments
7. Describe concepts of diversity, recognize diverse perspectives, and understand the inherent value that comes from a diverse a diverse environment	Assigned Readings/Videos Lecture/ Discussion Guest Presentations Individual/Group Activities	Written/Online Self-Assessments Projects
8. Utilize technological resources and programs to develop and present an individualized educational/career plan that is based in research	Lecture/Discussion 12 Tf1 0 0 1 337FTf1d-2(ct10	

11. Diversity and Equity
12. Career Planning and Development

\*Academic and Life Coaching (embedded throughout)

LEARNING MATERIALS: